

# StayPromo Disney World Packing List (v.122019)

Go to [staypromo.com](http://staypromo.com) to find the best hotel and resort deals for your Orlando stay. Year-round discounts of up to 85% off.

## The Basics: Clothes

Florida and California have climates like no other places in the world, so if you're coming from anywhere outside these states, it is good to know how to dress. Spoiler: Good news, you can put away the thermals and long sleeves.

### Look Into Packing These Items:

#### For Men

- Shorts
- Hats
- T-Shirts
- Flip Flops
- Swim Trunks
- Shades (With UV Protection)
- At Least 1 Dress Shirt
- At Least 1 Pair Of Jeans Per 3 Days
- Sneakers
- Pajamas
- Loafers (for the dressy night)
- Socks
- Underwear
- Sweatpants
- Workout Gear
- House Slippers

#### For Women

- Shorts
- Sun Hat
- Tank Tops
- Sandals
- Bathing Suits
- Capris
- Sleepwear
- High Heels (for the dressy night)
- Comfortable Shoes

- Underwear
- Socks
- Sundress
- Sunglasses
- Costume Jewelry (Keep it cheap for the beach)
- Hair Accessories
- Yoga Pants

## **The Basics: Bathroom**

Many hotels and resorts are starting to do away with providing travel size shampoo, conditioners, and other toiletries. It is absolutely imperative that you combat this with bringing your own in your luggage. Below are the top bathroom items to consider packing for your Disney World trip.

### **Start Packing These Things For Florida:**

- Toothpaste
- Toothbrush
- Shampoo
- Conditioner
- Mouthwash
- Dental Floss
- Soap/Body Wash
- Comb
- Hair Brush
- Towels (Hairy Hotel Towels are Nasty)
- Tampons
- Nail Clippers
- Makeup
- Lipstick
- Deodorant
- Trimmer
- Razors
- Face Scrub
- Anti-Bacterial Ointment
- Cotton Balls
- Cotton Swabs
- Bandages
- Sanitizer
- Hair Straightener
- Hair Gel
- Hairspray
- Contacts
- Contacts Solution
- Tweezers
- Air Freshener

- Washcloths
- Shower Cap
- Bath Toys For The Children
- Waterproof Bluetooth Speaker
- Medicated Lip Balm With At Least SPF15
- Handheld Mirror
- Body Spray
- Cologne
- Loofah/Bath Sponge
- Bath Salts/Bombs
- Bubble Bath
- Hand Soap
- Talcum Powder
- Baby Powder
- Disinfectant Spray
- Trimming Scissors
- Shaving Cream
- Nail File
- Nail Polish
- Pumms Stone
- Sleep Mask
- Children's Shampoo
- Children's Body Wash
- Children's Toothbrush
- Children's Hair Brush

**If needed:**

- Eyeglasses
- Retainer
- Dentures

## **The Basics: Food Related Items**

If you're going to be staying for a little while (which you should be), you absolutely should be eating where you're staying and cooking at least most of the nights you're here in Orlando as some restaurants here are just too expensive to be going out to every day, especially if you're staying in the Disney area.

**Don't travel to Disney without packing these:**

- Paper Plates (Because Absolutely No One wants to be doing dishes on vacation)
- Salt
- Pepper
- Sauces
- Cereal

- Paper Cups (See Above)
- Chips
- Drink Mixes
- Bottled Water
- Gum (They Don't Sell It At Disney World)
- Toothpicks
- Ziploc Bags
- Sugar/Sugar Substitute Of Choice
- Travel Mug
- Apron (Great if you're planning one of your resort barbecues we hear so much about)
- Wine Bottle Opener
- Oven Mitts
- Popsicles
- Tea Bags
- Oatmeal
- Dried Fruits
- Small Radio (To Cook To The Beat)
- Water Filter Bottles
- Sodastream or Soda Maker
- Measuring Cups
- Coffee
- Powdered Creamer
- Dish Soap (Just In Case)
- Paper Towels
- Drinking Straws
- Fresh Fruits
- Candy
- Protein Bars (Get your strength up to walk the endless hallowed halls of Disney World)
- Energy Drinks (See Above)
- Animal Crackers
- Saltine Crackers
- Butter
- Fruit Jelly
- Gelatin Snacks
- Pudding Snacks
- Microwaveable Soups
- Nuts
- Trail Mix
- Seasoning
- Small Espresso Machine
- Coffee Maker
- Coffee Filters
- Favorite Mug
- Microwaveable Dinners
- Ramen Noodles

# Carry-On Bag

Since you're limited on what you can bring on board the flight, we decided it would be good for you to know the items to consider packing for the actual flight. Airline rules do change, so make sure you check with your airline as far as what you're currently allowed to bring.

## **Packing at least a few of these would help on a flight to Central Florida:**

- Disinfectant Wipes
- Hand Sanitizer
- Light Sneakers
- Vitamin C Drinks
- Brush
- Compact Mirror
- Travel Toothbrush
- Travel-Sized Face Wash
- Neck Pillow
- Headphones
- Pre-Downloaded Music (Most flights do not include Wi-Fi or internet access or have shoddy service. It would be good to have your playlist already downloaded before you board.)
- Phone Charger
- Chewing Gum
- Audiobooks
- Change of Clothes (you should have at least a set just in case)
- A Book (sometimes tech is not our friend and a good old-fashioned book is a helpful companion)
- Travel-Sized Mouthwash
- Handheld Game (maybe it's time to bring out the old GameBoy?)
- Eye Mask
- Snacks
- Crossword or Word Find Book (or any type of activity book, kids love coloring books)
- Light Sweater or jacket
- Kleenex
- Travel Wallet to hold important documents
- Laptop
- Tablet
- Cell Phone (capture those cool airplane photos from your window seat)
- Roloids/Tums (in case you suffer from upset stomach or heartburn during the flight)
- Cash or credit card (in case you come across an in-flight purchase you want to make)
- Kids Toys (this is a must if you're traveling with toddlers)
- Also, if traveling with toddlers, diaper bag essentials. Make sure to pack plenty of milk or formula
- Compression Socks
- Itinerary (you might have another stop or flight to take – pack this so you're prepared)

- Fanny Pack (You can pack your more important belongings here so you know where to look in a well-filled carry on bag)
- Pill Organizers (don't miss a dose of your medicine or vitamins/supplements while on the go or at Disney)
- Emergency Contact list (Be prepared for anything – If your phone dies and you have to pull up a phone number right away like the hotel's number, make sure you have these written down on a card or something like it in your carry-on)
- Camera (sometimes you shouldn't do everything on your phone and a true camera can catch better snapshots in most scenarios)
- Dramamine (no motion sickness)
- Earmuffs for Babies (keep the little ones calm and protect their ears)
- Dark Chocolate (has been known to relieve the anxiety of flights and other stressful scenarios: they also don't have dark chocolate on its own inside Disney)

## Basic Items For Pets

Traveling with pets is a completely different ballgame as far as the entire traveling experience, especially the things you should bring with you on the flight. You must be prepared and be equipped to pull this off well along with making sure you're up to date with all the rules and regulations for each entity involved in your vacation experience. Orlando is a very family and pet-friendly place but you have to know what you're doing no matter where you go with a pet.

**If you're traveling to Orlando with a pet, make sure you don't forget to pack these important items:**

- Doggie Treats
- Muzzle (can't have Sparky getting chompy)
- Kennel/Crate To House Pet During Flight
- Carrier if small pet
- Pet Brush
- Flea Medicine
- Flea Collars
- Feeding Bowls
- Kibble
- Dog Toys
- Frisbees
- Claw Clippers
- ADA Certification (if it's a service animal)
- Puppy Pee Pads
- Dog Shampoo
- Poop Bags
- Dog Whistle
- Dog Tag with Name & Address/Phone Information
- Dog Costume
- Dog Leash (Pack 2 just in case!)
- Dog Reflective Collar

- Vaccination Records

There are many things to make sure to bring with you to Mickey Mouse's House and here we have covered them all. You obviously don't have to bring everything on this list but this is designed to make sure you don't forget something before you dart out the door to catch your flight or at least reduce that chance significantly with this list. Enjoy and make sure to print this page out and bring it with you so you can remember all the stuff you need to check in in your bags of luggage for your Walt Disney adventure.

Enjoy and Thanks,

[staypromo.com](http://staypromo.com)

**Up To 85% Off Hotels and Resorts Worldwide**